



Sunday is A DAY OF MISSION

From Sacred Scripture

Matthew 28:19-20

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.

From the Mass, Source and Summit of Life

"Ite, missa est," means literally "Go, it has been sent," carrying the meaning "Go, you are sent." We are sent to bring the fruits of the Eucharist to the world. There are several options for the dismissal of the assembly from Mass each of them having substantial meaning and direct us toward the mission of the Church.

Go forth, the Mass is ended.

Go and announce the Gospel of the Lord.

Go in peace, glorifying the Lord by your life.

Go in peace.

(The Roman Missal)

From the Riches of Our Faith

Each Sunday we hear the Good News proclaimed – God's own communication of love and mercy. Each Sunday we receive the Body of Christ to become the Body of Christ in this world. At the end of Mass, the celebrant sends us forth on a mission to proclaim the Good News with our lives, and to be Good News for others by being instruments of God's love. Evangelization is all about proclaiming the Good News of the salvation of Christ to the world. We do it through word, action and attitude.

From the sustaining banquet of the Eucharist, where worship has been rendered to God, we are sent to "be" Christ for the whole world. The Eucharist, source and summit of the life of the Church, does not exhaust all the Church's endeavors, as the Second Vatican Council teaches. We must become what we receive, and cooperate with His plan for the salvation of the whole world.

The announcements after the Mass should not just be fodder for the bulletin but marching orders for mission in the world.

"Of course, all of us are called to mature in our work as evangelizers. We want to have better training, a deepening love and a clearer witness to the Gospel. In this sense, we ought to let others be constantly evangelizing us. But this does not mean that we should postpone the evangelizing mission; rather, each of us should find ways to communicate Jesus wherever we are. All of us are called to offer others an explicit witness to the saving love of the Lord, who despite our imperfections offers us his closeness, his word and his strength, and gives meaning to our lives. In your heart you know that it is not the same to live without him; what you have come to realize, what has helped you to live and given you hope, is what you also need to communicate to others" (*Evangelli Gaudium*, 121).

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Live It!

- Fall in love with Jesus and live as His disciple. This means helping another person do the same. Who in your life needs to know of God's great love for them? Can you bring a meal to a neighbor or sit and visit with them? Reflect and give thanks for the ways you can "serve" others.
- What does, "Go in peace, glorifying the Lord by your life," mean for you at this point in your life? Discuss and plan a "Family Service Project" based on the message you heard in the homily delivered at the Mass you attended. Some service opportunities include Catholic Charities, the St. Vincent de Paul Society, and Capuchins Community Service.
- Spend some time as a family going through a newspaper, news magazine, or a news program on television or online and choose a story that the whole family agrees needs special prayer. Dedicate some time to offering some prayers and intercession for this cause.

Sacred Scripture throughout the Week

1. 1 Chronicles 16:24 Declare God's glory among the nations.
2. Isaiah 6:8-9 Whom shall I send?
3. Isaiah 52:7 Announce salvation.
4. Matthew 9:37-38 The harvest is plentiful, but the laborers are few.
5. Mark 16:15 Go and proclaim the Gospel.
6. Acts 1:8 You will be my witnesses.

Remember, Sunday is a Day of Mission.